


















	Monday 10/14/2019	Tuesday 10/15/2019	Wednesday 10/16/2019	Thursday 10/17/2019	Friday 10/18/2019	Saturday 10/19/2019	Sunday 10/20/2019
Soup of the day	Gumbo Five Bean Soup 	Potato Leek Caldo De Res	Chicken Tortilla  Tomato Basil 	Menudo Vegetable Potato Stew 	Vegetable Tortilla  Beef Vegetable	Soup Dajour	Soup Dajour
Sub Station Specials	Seafood PoBoy 	Roasted Vegetable and hummus	4 Bean Hummus Wrap 	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap 	Chicken Bacon Ranch Sub	Classic Italian Sub
Pizza Kitchen Specials	Philly Steak Pizza	Cheeseburger Pizza	Sun Dried tomato and Vegetable Pizza	BBQ Chicken	Mediterranean Chicken Pizza	Pepperoni Jalapeno Pizza	Flatbread Pizza
Culinary Exchange	BBQ Chicken Smoked Pork Baked Beans Southern Potato Salad Plant Based Cole Slaw Potato and Vegetable casserole Dinner Roll	Fish Vera Cruz Chicken Enchiladas  Zucchini Mexicana  Pico DeGallo Rice  Pinto Beans  Black Bean and Corn Enchiladas Flour Tortillas	Broiled Chicken with Silician Herb Sauce Pork Cutlet with Basil Demiglace Asparagus Creamed Corn Herb Roasted Potatoes Sun Dried Tomato Linguini Garlic Bread Sticks	Chicken Fried Steak with Gravy Herb Roasted Chicken  Green beans and Carrots Steamed Broccoli Mashed Potatoes Herbed Quinoa and Vegetables Dinner Roll	Panko Crusted Chicken Catch of the day  Vegetable Medley Corn on the Cob Macaroni and Cheese  Eggplant Creole Dinner Rolls	Bacon Wrapped Chop Steak Chef's Choice Sauteed Squash Mashed Potatoes Dinner Roll	Chicken Fajitas Chef's Choice Spanish Rice Refried Beans Tortillas
Action Stations	Caesar Salads	Fajita Station	Build Your Own Pasta	Lo Mein Bar	Nachos		
The Grill	Philly Cheesesteak (Beef or Chicken)	Greek Flatbread	Chicken Quesdilla		Veggie Burger 	Ultimate Bacon Cheeseburger	Grilled Ham & Cheese Sandwich
Desserts	Peach Cobbler	sorted Holiday Desser	Pecan Cobbler	Strawberry Shortcake	Apple Cobbler	Dessert of the Day	Dessert of the Day



Denotes Whole Foods
Plant Based Program

